

# electric shock

A MUST-KNOW PLAN TO PROTECT AND SAVE YOUR CHILD.

## EMERGENCY!

HAZARD	WHAT COULD HAPPEN	WHAT TO DO	PREVENTION
<b>YOUR CHILD IS STRUCK BY LIGHTNING.</b>	The current may pass through her body and stop her heart. A strong current could throw her a considerable distance.	If your child is unconscious, begin CPR* and call 911. If she was thrown, don't move her until help arrives; she could have a head or neck injury. Even if she seems okay, take her to the E.R.	Keep your child inside during a thunderstorm. Don't use the telephone or other electrical appliances, such as a hair dryer, and avoid taking a shower or bath.
<b>YOUR TODDLER STICKS A SMALL METAL TOY INTO A SOCKET.</b>	He could get a shock when the current passes through the toy.	Use a wooden broomstick to push your child away from the outlet. Begin CPR and call 911 if he has no vital signs. Even if he seems unharmed, you should call your doctor.	Cover unused sockets with electrical-outlet protectors, and make sure your kids can't remove them.
<b>WHILE YOU'RE BATHING YOUR BABY, A PLUGGED-IN RADIO FALLS INTO THE TUB.</b>	Your child could get a life-threatening shock.	Make sure your hands are dry, and unplug the radio. Remove your child from the tub, and check her vital signs; if she's not breathing, begin CPR and call 911. Even if she seems okay, take her to the E.R.	Install ground-fault circuit-interrupter outlets in bathroom wall sockets, and never use electrical appliances near the bathtub.
<b>YOUR CHILD BITES ON A PLUGGED-IN LAMP CORD.</b>	The heat from the current may burn his lips and mouth, or he could get a shock.	Kick the plug out of the socket with your foot. If your child is unconscious, begin CPR and call 911. If he has burns on his mouth or face, apply a wet washcloth to his injuries and take him to the E.R.	Keep cords away from children and out of hallways and play areas.

\*For a guide to CPR, log on to [www.parents.com/august](http://www.parents.com/august).

 EACH YEAR, MORE THAN 2,000 KIDS ARE TREATED IN EMERGENCY ROOMS FOR ELECTRIC BURNS—AND MOST ACCIDENTS HAPPEN IN THE HOME.

emergency guide

By Sally Farhat